

# AN INVITATION TO THE SPIRIT-FILLED LIFE

## IF YOU HAVEN'T STARTED YET:

-Take it slow. Read only a few pages a day

PRAY before you read. Ask the Holy Spirit to open your mind to help you understand

Highlight anything that sticks out to you or you have questions about. Keep a journal to write down your thoughts as you read

JESUS TELLS US THAT THE HOLY SPIRIT, POURED OUT ON PENTECOST, IS A PERSON TO WHOM WE CAN RELATE. YOU MAY KNOW ABOUT HIM, BUT DO YOU REALLY KNOW HIM?

THE HOLY SPIRIT IS GOD AND IS THEREFORE TO BE LOVED, WORSHIPPED, GLORIFIED, AND ADORED.  
DO YOU SEE HIM AS A DIVINE PERSON WITH WHOM YOU CAN HAVE A PERSONAL RELATIONSHIP?

THE HOLY SPIRIT HAS A VITAL JOB TO DO IN THE LIFE OF EVERY MEMBER OF THE BODY OF CHRIST. HAVE YOU EVER DELIBERATELY AND CONSCIOUSLY INVITED HIM TO WORK FREELY IN YOUR LIFE?  
IF NOT, WHY NOT?

THE HOLY SPIRIT IS DISTINCT FROM THE FATHER AND THE SON, BUT COEQUAL WITH THEM.  
WHAT DOES THIS MEAN TO YOU?  
HOW DOES IT AFFECT THE WAY YOU LOOK AT THE HOLY SPIRIT?

## IF YOU HAVEN'T YET BUT WANT TO NOW, PRAY THIS PRAYER:

*Dear Father, in the name of Jesus Christ, I ask you to stir up within me the fullness of Your Holy Spirit. Help me to grow in my relationship with Him and to live in His power and use His gifts.*

# CHAPTER TWO: THE PROMISE OF THE HOLY SPIRIT

Click on the question to be redirected to the Bible verse referenced at the end of the chapter!

WHAT EVIDENCE IS THERE OF THE SPIRIT'S WORK IN MY LIFE?

AM I EVER AWARE OF THE INNER PROMPTING OF THE HOLY SPIRIT?

IS JESUS REAL TO ME AS A PERSON AND AS MY LORD?

AM I SECURE IN MY RELATIONSHIP AS A CHILD OF THE FATHER?

DO I SEE IN MYSELF A LOVE FOR OTHER PEOPLE, AND DO I HAVE A CONCERN AND CARE FOR PEOPLE I WOULD NOT NORMALLY CHOOSE AS FRIENDS?

DO I FIND THERE ARE TIMES WHEN WORDS I AM SAYING REALLY TOUCH AN HELP SOMEONE WITH A PROBLEM?

AM I READY TO TALK TO OTHERS ABOUT MY CHRISTIAN FAITH?

DO I RECEIVE HELP WHEN I PRAY?

# CHAPTER TWO: THE PROMISE OF THE HOLY SPIRIT

Click on the question to be redirected to the Bible verse referenced at the end of the chapter!

IS THERE EXCITEMENT WHEN I READ THE BIBLE?

IS THERE A NEW FREEDOM IN PRAISING & WORSHIPPING GOD?

IS THE EUCHARIST AT THE CENTER OF MY SPIRITUAL LIFE?

AM I GROWING IN HOLINESS?

AM I EXERCISING ANY OF THE SPIRITUAL GIFTS?

IS THE FRUIT OF THE SPIRIT EVIDENT IN MY LIFE?

AM I PLAYING AN ACTIVE PART IN THE LIFE OF MY LOCAL CHURCH?

HAVE I EVER REALLY ASKED GOD FOR HIS GIFT, FOR THE FULLNESS OF THE HOLY SPIRIT?

# CHAPTER THREE:

## BAPTISM IN THE HOLY SPIRIT

1. BEING BAPTIZED IN THE HOLY SPIRIT IS THE FULFILLMENT OF THE PROMISE OF THE FATHER THROUGH JESUS AND IT IS HIS GIFT TO EVERY CHRISTIAN WHO ASKS FOR IT. WHAT WOULD YOU SAY TO SOMEONE WHO ASKS FOR AN EXPLANATION OF THIS GIFT?

2. WE CAN ALL RECEIVE THIS GIFT AND ENTER FULLY INTO THE NEW LIFE IN THE SPIRIT. WHY, THEN, DO YOU THINK SO MANY PEOPLE DO NOT ASK FOR THE GIFT?

3. THERE MAY BE HINDRANCES & OBJECTIONS TO BE DEALT WITH. WHAT ARE THEY, AND ARE YOU AWARE OF ANY OF THEM BEING PRESENT IN YOUR LIFE?

# CHAPTER THREE:

## BAPTISM IN THE HOLY SPIRIT

4. IN WHAT WAYS ARE THERE LINKS BETWEEN THE SACRAMENTS OF BAPTISM AND CONFIRMATION AND BAPTISM IN THE HOLY SPIRIT? IF YOU HAVE ALREADY RECEIVED THE HOLY SPIRIT WHEN YOU WERE BAPTIZED, WHY DO YOU NEED PRAYER FOR BAPTISM IN THE HOLY SPIRIT?

5. WHAT ARE SOME OF THE PITFALLS TO BE AVOIDED AFTER RECEIVING BAPTISM IN THE HOLY SPIRIT?

# CHAPTER FOUR:

## THE GIFTS OF THE HOLY SPIRIT

1. CHARISMS OR SPECIAL GIFTS ARE SUPERNATURAL, GIVEN OR INSPIRED BY THE HOLY SPIRIT AS HE CHOOSES, AND MAY BE GIVEN TO ANYONE WHO HAS RECEIVED THE HOLY SPIRIT AND IS OPEN TO THE CHARISMS. ARE YOU FAMILIAR WITH THEM? IF NOT, WHY DO YOU THINK THIS IS? WHAT NEEDS TO HAPPEN TO MAKE THE CHARISMS BETTER UNDERSTOOD AND MORE WIDELY KNOWN?

2. EXPLAIN AND DISCUSS THE PURPOSE OF EACH OF THE NINE GIFTS LISTED. WHICH ONE DO YOU MOST DESIRE?

3. WHAT DOES THE CHURCH SAY AND TEACH TODAY ABOUT THESE SUPERNATURAL GIFTS OF THE HOLY SPIRIT? IS THIS TEACHING GENERALLY KNOWN AND UNDERSTOOD IN YOUR PARISH?

4. POPE ST. JOHN PAUL II ENCOURAGED US TO SEEK THESE SPECIAL GIFTS OR CHARISMS. WHY DO YOU THINK HE WANTED THEM FOR US?

# CHAPTER FIVE: THE GIFTS OF THE HOLY SPIRIT IN PRACTICE

1. CHARISMS ARE GIVEN TO ENRICH THE LIVES OF ALL OF US, TO BUILD UP THE CHURCH, AND TO ENABLE US TO EVANGELIZE MORE EFFECTIVELY. HOW DO THEY WORK IN PRACTICE? CAN WE USE ONE OF THESE SUPERNATURAL GIFTS WHENEVER WE CHOOSE TO?

2. HAVE YOU PERSONALL RECEIVED ANY OF THESE GIFTS OF THE HOLY SPIRIT? HAVE YOU EXERCISED ANY OF THEM, AND IF SO, WITH WHAT RESULTS?

3. HOW DO THE CHARISMS HELP US EVANGELIZE?

4. HOW ARE WE TO USE THE GIFTS OF THE HOLY SPIRIT IN OUR GROUPS OR PARISHES?

# CHAPTER SIX: THE FRUIT OF THE HOLY SPIRIT

1. THE FRUIT OF THE HOLY SPIRIT IS THE NATURE OF JESUS HIMSELF BECOMING MORE AND MORE EVIDENT IN OUR LIVES. HOW CAN WE BEST ENCOURAGE THE GROWTH OF THE FRUIT?

2. THE SPIRIT IS REALLY ONE FRUIT WITH NINE FLAVORS, REFLECTING THE PERSONALITY OF JESUS. HOW MUCH DO I SHOW EVIDENCE OF THE NATURE OF JESUS ON A DAY-TO-DAY BASIS?

3. FRUIT IS NOT GIVEN; IT GROWS IN US. HOW CAN WE BEST DEAL WITH THE OBSTACLES AND HINDRANCES THAT INTERFERE WITH THIS GROWTH?

4. WHICH OF THE FLAVORS OF THE FRUIT OF THE SPIRIT IS STRUGGLING TO GROW IN YOUR LIFE? WHY IS THIS?

# CHAPTER SEVEN: WALKING IN THE SPIRIT

1. THROUGH THE WORK OF JESUS, IT IS NOW POSSIBLE FOR US TO LIVE A NEW LIFE IN THE SPIRIT, BUT IT ISN'T AUTOMATIC. WHY NOT?

2. AS WE WALK IN THIS NEW LIFE IN THE SPIRIT, THERE ARE MANY DANGERS, ESPECIALLY PRIDE AND SELF-INTEREST, THAT WILL HINDER US. WHAT ELSE MAY RESTRICT US?

3. AS WE LIVE OUR CHRISTIAN LIVES, IT'S IMPORTANT TO STAY WITH THE SPIRIT AND AVOID THE TEMPTATION TO RETURN TO OUR OLD WAYS. WHAT CAN WE DO TO AVOID THE RISK OF SLIPPING BACK?

4. EXPLAIN IN YOUR OWN WORDS WHAT IT MEANS TO "WALK IN THE SPIRIT" DAY BY DAY.