

In the School of the Holy Spirit

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[Part 1](#)

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questions for pages 9-25

[Check out a summary by Deacon Conlin by clicking here](#)

If we have a well written Program of Life and significant courage, patience, and will power, can we become holy? Why or why not?

“Holiness is only revealed to us by degrees, as we journey on, and it is often something very different from what we imagine...” Do you have any concrete examples of this from your own life?

List some of the ways/means that the Holy Spirit uses to show us His will as presented in Chapter 1

Explain why the Holy Spirit is often called a “consoler”. Do you have any concrete examples from your own life of how the Holy Spirit had the ability to console you during a trying time in your life?

What does Father Jacques Philippe mean when he says on page 20, “God calls us to perfection but he is not a perfectionist”?

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questions for pages 26-34

What is the primary aim of the “gifts of the Holy Spirit”?

If we want God to reveal more of His will to us by His inspirations, we need to start by obeying His wishes that we already know. From section 4, what are some examples of fulfilling God's will through that which we should already be doing?

Are following the inspirations of the Holy Spirit an optional extra in the spiritual life? Why or why not?

If we ignore inspirations of the Holy Spirit, what is there a danger of happening?

How does having ingratitude toward God imprison us within ourselves and close us to His grace? *(Page 29)*

Section 5 has to do with “obedience to events”. In your own words, what does “obedience to events” mean and what does it not mean?

On page 29, the author recommends going on a retreat at times in our lives. Why is this? Have you thought about attending a retreat this year?

questions for pages 26-34

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questions for pages 35-43

What are some of the guidelines that the author gives us about detachment in Section 6?

(Pages 35-37)

In section 8, the author allows us to see the connection between prayer and hearing God speak. Take time to analyze your prayer life and see how the Holy Spirit may be asking you to "bump it up" or fine tune it so that it becomes more effective in hearing God speak.

Read the top paragraph from page 37, ("Our wisdom and God's practically never...") Have you ever experience a time when your own judgments and God's wisdom didn't match?

Section 9 allows us to examine various movements of our hearts. What are some of the "disordered" movements we can experience?

According to Section 7 in Chapter 2, what is the greatest harm that can come to us when we allow ourselves to get upset and agitated by negative circumstances in our lives?

Section 10 of Chapter 2 sheds light on Spiritual Direction. Give some of the reasons why having a Spiritual Director may be helpful in the spiritual life. (Page 43)

The author links "maintaining peace to the practice of silence". What are some examples of "noise" that we can let overtake us and disrupt our silence?

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questions for pages 44-54

What does it mean (Page 47) that an inspiration cannot contradict Scripture or the teachings of the Church? Give examples of what he means by this.

An inspiration, if it comes from God, cannot ask us for something that contradicts the duties in our state of life. What is your vocation and what are some of the duties in your state of life that our Lord wants you to possibly put more effort into?

If an inspiration comes from God, it will produce sound fruit. What are some of these fruits?

In the section on "Discernment of Spirits", we learn that turbulence can lead to peace, if it comes from the Holy Spirit. Can you share a time when God was asking something of you that initially filled you with anxiety or sadness, but ultimately led you to peace once you followed the inspiration?

Try to take all the information you learned from this lesson and summarize it in a few sentences. Has it helped you discern anything about a situation you are currently seeking guidance about?

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questions for pages 55-66

One of surest tests of true humility is the spirit of obedience. To whom should we be obedient to?

Consider whether this statement is true or false: What God requires from us in every circumstance is the most difficult thing. Give reasons for your answer.

What advice does this author give us about discerning major life decisions, such as our vocation, or a change in the direction that our life is taking?

Try to take all the information you learned from this lesson and summarize it in a few sentences. Has it helped you discern anything about a situation you are currently seeking guidance about?

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questions for pages 69-78

From Appendix 1, if we take the advice of the author and pray this prayer, meaning all that we say, what can we expect to find as a result in our life?

From Appendix 2, list the main means for achieving the guidance of the Holy Spirit. Which one(s) do you need to work on more in this stage of your journey?

What does this author pose as the greatest evil? What does he say is the cause of us "dirtying or weakening" the inspirations of the Holy Spirit? (Page 76)

Which is more helpful in growing in holiness/sanctification: good works or purification of the heart? Why?

The author tells us that we ought to receive each inspiration as a word of God. How is God's word powerful? (Section 5, Page 77)

Try to take all the information you learned from this lesson and summarize it in a few sentences. Has it helped you discern anything about a situation you are currently seeking guidance about?

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questions for pages 79-90

There are some choices we have to make that are considered "small change". What does he mean by this? What lessons can we take away from this teaching? What kinds of decisions, on the other hand, are not considered "small change" decisions?

On pages 83-84, the author uses an analogy of water flowing down a river. What do the foaming waters that hit rocks represent? Why is Our Lady compared to the water that flows quietly and with minimal effort? What can we learn from this/from her?

Name the seven gifts of the Holy Spirit. What are 1-2 concepts that you learned or were enlightened about regarding at least one of these gifts?

Unlike teens (who yearn for autonomy), young children don't mind being dependent on their parents for everything, because their dependence is an exchange of love. How can this help us better understand how our dependence on God can actually help us to become more free?

Which point in Appendix IV best helped you understand how human freedom and submission to God's will can merge?

Try to take all the information you learned from this lesson and summarize it in a few sentences. Has it helped you discern anything about a situation you are currently seeking guidance about?