

Serving St. Brendan's for over 25 years

Star
Council

Knights of Columbus

St. Brendan's Council 11208



February 2019

A Message from the Grand Knight...

I hope all of you had an opportunity to enjoy some of the warmer weather we are having after the cold snap and snowstorm last week. The meteorologists were saying it was some of the coldest weather, if you factor in the wind chill, that we have had in twenty years. When the cold began creeping in Monday and Tuesday, my thoughts turned to those who were homeless, or lacked heat, hoping that they would be able to find suitable shelter for the new few days. I had read a report recently that stated while unemployment rates are at a all time low, homelessness in Franklin County actually rose in 2018. The report went on to say that finding temporary housing for families is a lot harder than it is for single individuals. Please remember to keep all those suffering from homelessness, especially families, in your prayers during the month of February.



Gerry Riendeau

As we begin the month of February, there are quite a few items that our council will be focusing its attention on. We have three (and possibly four) new members that will be going through the first degree. While our next first degree was not actually scheduled until April, we have decided to have a special first degree ceremony on Wednesday, February 13th, at 7:00 p.m. in Wellnitz Hall to bring these new brothers into our council. Please feel free to join us on the 13th to show your support of our new brothers.

Our wives' appreciation dinner is scheduled for Monday, February 25th, at Nicola on Reed Road in Columbus. There is more information later in the newsletter about that event. This is the one activity of the year that we get to say "thank you" to our spouses for allowing us to take time away from them (and our children) in order to serve our parish and community. I invite all of you to think about inviting your spouse and attending this event together so we can recognize them for everything they do for us.

The month of February is where we also solicit nominations from you for our Of the Year Awards, with the recipients of the awards being announced in April. We recognize individuals in one of seven categories: Knight of the Year, Volunteer of the Year, Chaplain/Religious of the Year, Bluecoat of the Year, Family of the Year, Lady of the Year, and Youth of the Year. Please submit your nominations to me by the end of February. Please also realize that you do not have to nominate someone in each category; if you can only think of one or two category nominations, please submit those one or two, along with a few lines of why you think the individual is deserving of the award. In submitting nominations, think about how those individuals have supported our council, church, and/or community. I look forward to receiving your nominations so we can recognize individuals who making a difference in our parish.

COUNCIL 11208 OFFICERS

Grand Knight
Gerry Riendeau

Deputy Grand Knight
Vacant

Chaplain
Fr. Ed Shikina

Chancellor
Dan Davis

Advocate
Mark Hogan

Recorder
Steven Hoying

Financial Secretary
Jim Cogan

Treasurer
Dean Ashbrook

Lecturer
Larry Hanchin

Warden
John Ryan

Inside Guard
Steve Bennison

Outside Guard
Dennis Cooper

3 Year Trustee
Jerry Abraham

2 Year Trustee
Bob Eggerichs

1 Year Trustee
Sean Stone



Chaplain's Corner ²

Fr. Ed Shikina

In the parable of the mustard seed, Jesus says that the Kingdom of God is like that seed that is planted and then becomes one of the largest bushes. Likewise, the Kingdom of God is like a man that scattered many seeds and without knowing how, the seeds grow and produce fruit. Jesus uses these parables as a way to show how the mystery of God's kingdom works. Our part in the spiritual life is to plant the seeds, but it is God who does the growing.

Recently, I went on a 5 day retreat in Hanceville, Alabama. It is where Mother Angelica of EWTN fame set up her convent for her sisters. They are the Poor Clares of Perpetual Adoration. This means that they have the Blessed Sacrament exposed 24/7 in their main church. Each sister takes turns adoring the Lord for an hour throughout the day, with at least one night a week spending several hours before the Lord. This practice derives from their belief, as has been the custom of the Church for centuries, that being in the true presence of the Lord, both in prayer and adoration of Jesus, brings them healing of heart and peace. The actual graces that they receive by being in His presence for extended periods of time changes them in a way that they cannot do for themselves.

While on my retreat, I read a book that my oldest sister gave me for Christmas. She is not religious but is a proponent of trying to improve ourselves and our world. She gave me a book that is sort of a self-help book which does not mention religion, or God, at all. Nevertheless, I wanted to read it because she recommended it as something that would be good for a leader to know about. This book, *The Anatomy of Peace*, was written by psychologists of the Arbinger Institute after several decades of studying why relationship conflicts exist. It is written in story form and is premised upon a group of parents who bring their troubled teenage children to a boot camp. However, while the children go off for 60 days for healing, the parents go through a 2-day workshop where the 2 presenters teach them that the problem with their children has actually started because of how the parents viewed their children. They say that people can either be viewed as objects who are an obstacle to be overcome, or a project to be worked upon, or they can be viewed as people who deserve to be treated with respect and dignity. The parents have also spent much of their time with their troubled teenage children trying to fix them rather than trying to cultivate what is right about them and developing a relationship with them. The teachers say that what started it was that people either have a heart that is at peace or a heart that is at conflict with others. If a heart is at conflict, it will likely treat others as objects, for various reasons; that is why conflicts in relationships exist. So their conclusion was to cultivate a heart at peace. They give various ways to do that.

However, where the book falls short is the reality of human life that often times we do not have the power ourselves to heal or change our hearts, or to even cultivate a heart at peace. Yes, we can analyze ourselves with psychology and use these techniques as a tool to help us, but we will always fall short. Without God, we will never be at peace. The Poor Clares recognize this and so they put themselves in a position to allow God to heal their hearts and give them peace. Using the analogy of Jesus, it is their planting themselves before the Blessed Sacrament which is the scattering of the seed and the sowing of the mustard seed, but it is God who gives the growth so that they ripen, bear much fruit, and become a great harvest to feed others. We can imitate them with planting ourselves in the Sacraments, our prayer life, and our good works. From there, God will give the growth.

God bless you!
Fr Ed

FREE THROW CHAMPIONSHIP



3 Congratulations to all of our winners at the 2019 Knights of Columbus Free Throw Contest. We had 21 participants and 10 brothers tabulating the results in the school multi-purpose room on January 11th. The winners were: Boys - (10) Joshua Brousil, (11) Reece Hemmert, (12) Alex Keating, (13) Andrew Temelkuff, (14) Owen Schnipke Girls - (9) Madison Black, (10) Lydia Dougherty, (11) Paige Hanley, (13) Kellyn Hemmert





1st Degree Report

Our next 1st Degree will be on Wednesday, February 13, 2019 in Wellnitz Hall. Room setup will start at 6:00 PM, Candidate Call will start at 6:30 PM and the Degree will start at 7:00 PM. Socialization and refreshments will follow the Degree. Please remember, It's never too early to ask a friend, "Are you a Knight?" A personal invitation is the best form of recruitment. Use the new Council card that Gerry handed out at the September meeting. If you have any questions please contact Bob Eggerichs via email: reggeric@columbus.rr.com or phone 614-771-9624.

4TH Degree Report

Our next Assembly 2727 meeting will be Wednesday, February 6, 2019 at Our Lady of Victory church, 1559 Roxbury Rd, Columbus, OH 43212. We will meet in lower level below the main church as usual. We will start with the Rosary at 6:30 PM, share a meal at 7:00 PM and start the business meeting at 7:30 PM. Hope to see you there. For further information please contact Bob Eggerichs via email: reggeric@columbus.rr.com or phone 614-771-9624. Our next Fourth Degree Exemplification will be held on Saturday, March 16, 2019 at the Columbus Airport Marriot. Our commitment is the preservation of the Church, the Order, and the many nations where Knights serve. Remember that any Third Degree member, including those that will be taking their third degree between now and March 16, is eligible to join the Fourth Degree.



Respect LIFE

Mark your calendars....Greater Columbus Right to Life (GCRTL) next 40 Days for Life Prayer Vigil is March 6 – April 17. The special prayers for Respect Life will happen at Founders Clinic on East Broad Street. Secondly, we have arranged a visit to Pregnancy Decision Health North Center (PDHC) for February 15 at 9am. If you would like to join us and experience PDHC operations first hand, please contact Jerry Abraham at Jabraham.alt@gmail.com or Roger File at rfile@columbus.rr.com .



#Knights4Life at the 2019 March for Life

Supreme Knight Carl Anderson stood before the throngs of people assembled on the mall in Washington D.C. for this year's 46th national March for Life and delivered a message four decades in the making.

"Some of us have been coming back for more than 40 years now," he said. "But the really great news is that you, the pro-life generation, aren't going to wait that long! You won't have to wait that long to win justice for the unborn and compassionate care for their mothers.

"Why? Because of the progress we've made in rebuilding a culture of life."

One example of this progress is the fact the Knights of Columbus recently placed its 1,000th ultrasound in a crisis pregnancy center. Ultrasounds are a proven way of reducing abortion because many women opt to keep their babies when they see the fetus on the ultrasound. The Knights, meanwhile, proudly displayed their commitment at the march as well. Tens of thousands of Knights of Columbus "Love Life, Choose Life" signs were among the sea of signs and banners, and interspersed in the crowd were hundreds of K of C hats and ear warmers, helping ward off the cold in the snow-covered capital.

Veteran's Support Activities

5

We will be visiting with a veterans at Sanctuary in Dublin on Wednesday, February 6 at 3pm. The visit will be an opportunity to personally thank those who have served our country and spend some time with them. We are also working with Mill Run Nursing Facility staff to set up visits there. More details to come.

Contact Jerry Abraham, jabraham.alt@gmail.com or 614 579 1357 if you would be on our Council's Vet's Visitation list and be a vet visitor.



Knights of Columbus
INSURANCE
YOUR SHIELD FOR LIFE

The Value of Life Insurance for Children

As a father, you worry about your children and do everything you can to protect them. You try to raise them right and make sure they are prepared to become adults. But have you ever thought about buying life insurance for your child?

When you insure a child, you are protecting his or her future. Did you know that one out of every six adults get rated, postponed, or denied for insurance coverage? If you purchase a policy for your child from the Knights of Columbus with a guaranteed purchase option, it guarantees that more insurance can be purchased for that child at certain set dates, without proving insurability.

Unfortunately, as fathers we don't have a crystal ball, and we don't know what the future may have in store for our children's health. But did you know that right now you can purchase a child's policy, in many cases, for less than \$10 a month?

I've heard it said that people don't want to "profit" from the death of a child, so they won't purchase coverage on their children. God forbid something tragic happens, those funds can come in handy at a time when finances will be the last thing on a parent's mind. I have never heard a story about someone who regretted buying coverage on their child.

Contact me today to discuss the many policy options for child plans, including 10- and 20-Pay life insurance.

Call Mark Mandel at 614-308-2294 or email me at mark.mandel@kofc.org



The true story of
Abbey Johnson and
her fight against
abortion and
Planned Parenthood



Men's Conference January 25-27, 2019



**Thanks to all
who attended!**



Council 11208

Ladies

Appreciation

**Thank Our Ladies
For Their Support!**

Dinner

Nicola

Restaurant + Bar

4740 Reed Rd Columbus, Ohio

Knight Members

\$35.00

RSVP to Ray Hinkelman

rayhinkelman6079@yahoo.com

by February 18

Monday

February 25, 2018

6:00-8:00 p.m.

**Turn in your cash
or check payment
at the February
membership meeting
make checks payable to
K of C Council 11208**

Ladies Appreciation Dinner

Cocktails 6:30 & Dinner at 7:00

Salad selections: (select 1)

*Nicola Insalsta

Green leaf lettuce, tomato, cucumber, carrot, mushrooms, onions, lemon & Agrumato olive oil.

*Mista con Gorgonzola

Mixed greens, walnuts, Gorgonzola cheese, white balsamic dressing.

Dinner selections: (select 1)

*Spaghetti Scampi

Shrimp, garden tomato, aglio e olio pasta and fresh herbs.

*Papardelle al Ragu alla Bolognese

Nicola's three meat rustic Bolognese ragu.

*Lasagna

Nicola's three meat rustic Bolognese ragu with mozzarella, Parmesan, béchamel.

BEVERAGES NOT INCLUDED



To our Brother Knights in February

Wayne Lichwa Julio Cruz John Selhorst John Flemming

Ivanhoe Norona Frederick Kierner III Michael Gagel

Robert York Fred Kerner Daniel Davis John Reil

Upcoming Council & Church Events



Ladies Appreciation Night Dinner

Monday - February 25

Contact Ray Hinkleman

for more information



ST. GABRIEL
CATHOLIC RADIO
AM 820



THE WORD
880 AM 104.5 FM



Membership meeting
February 20

Planning meeting
February 27